

Macrame Wallhanging



(Finished size is approximately 22" W x 48" L.)

To get started, you'll need the following supplies:

- One dowel rod (7/8" circumference and 28" long)
- Two ceramic [drawer knobs](#) to use as finials
- Five 100-foot rolls of [cotton clothesline \(3/16"\)](#)
- Masking or painter's tape
- Scissors

Step 1 – Lark's Head Knot

Cut rope into 28 pieces, each 16 feet long. Tie the cords onto the pole, as shown in the photo below.



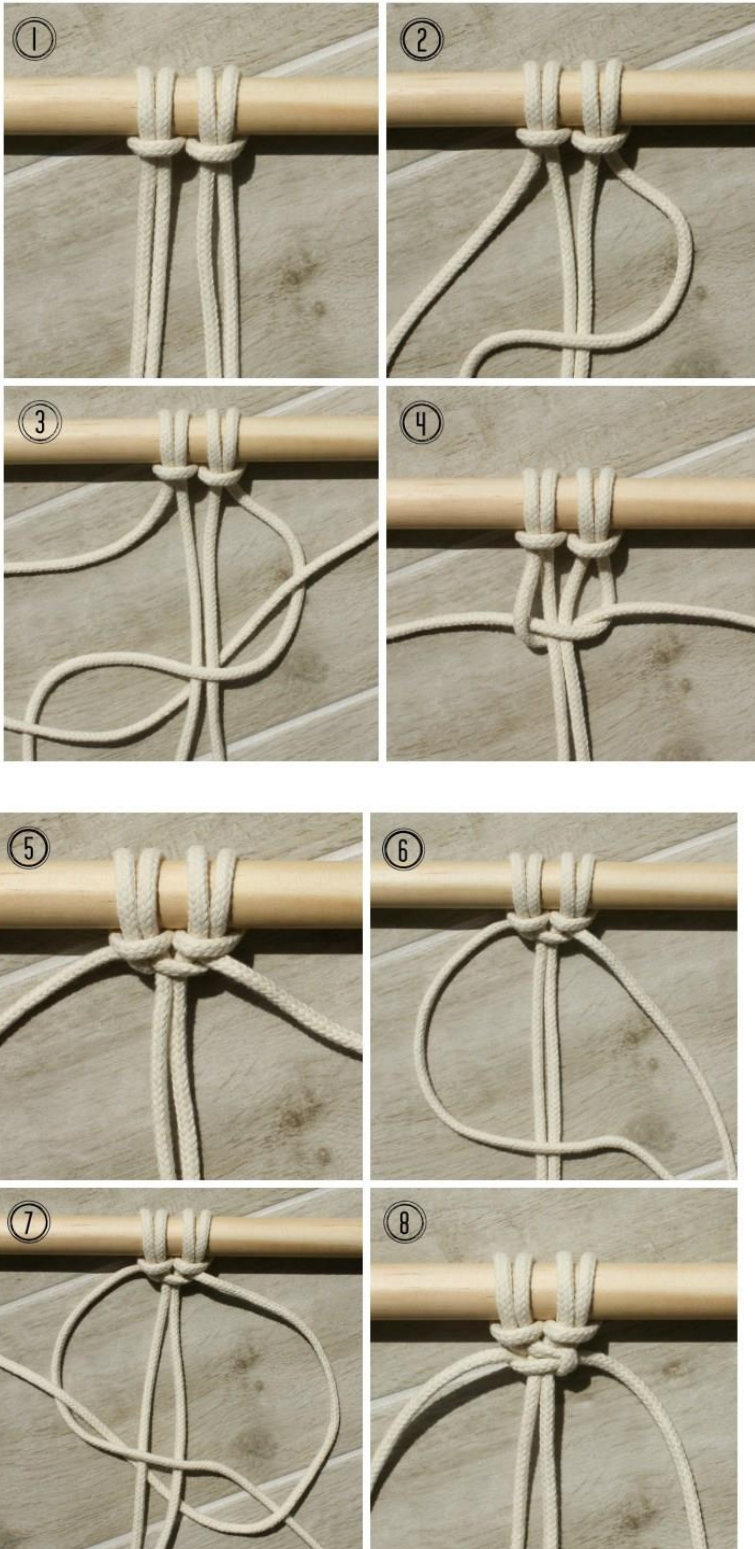
How to make a Lark's Head Knot:



Step 2 – Square Knot

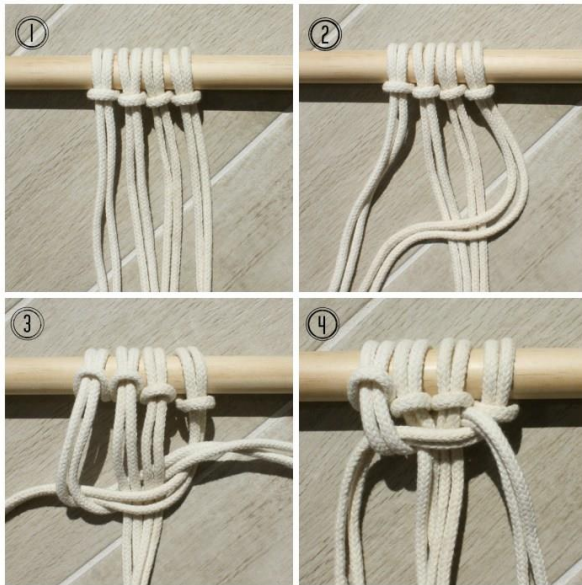
The Square Knot is the most basic of all macramé knots, and it is the only one you'll need to know in making this wall-hanging. Practice a few times until you get the hang of it.

How to make a Square Knot:



1. Always work with 4 strands of rope.
2. Place the right outside rope across the 2 center ropes. (Always start with the right side.)
3. Run the left outside rope over the right outside rope then under the center cords and *up* through the opening.
4. With the outside strands, gently tighten the knot.
5. Make sure the knot is taunt, but be careful not to pull too strongly.
6. (Now repeat the first four steps, starting with the *left* side this time.) Place the left outside rope across the 2 center ropes.
7. Run the right outside rope over the left outside rope then under the center cords and up through the opening.
8. With the outside strands, gently tighten the knot.

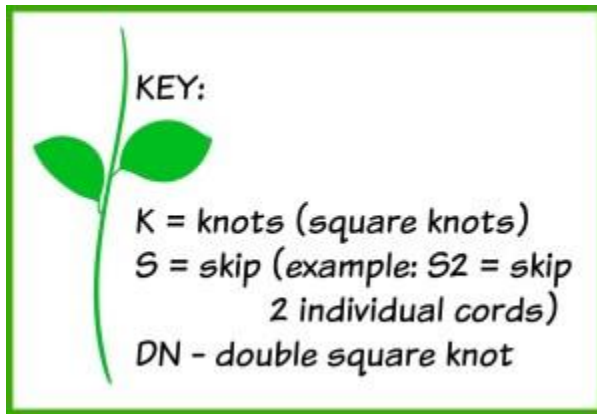
How to make a Double Square Knot:



1. Work with 8 strands of rope instead of 4.
2. Place the 2 right outside ropes across the 4 center ropes. (Always start with the right side.)
3. Run the 2 left outside ropes over the right outside ropes then under the 4 center cords and *up* through the opening.
4. With the outside strands, gently tighten the knot.
5. (Now repeat the first four steps, starting with the *left* side this time.)
6. With the outside strands, gently tighten the knot.

Step 3 – Macrame Pattern

Now that you have 28 Lark’s Head Knots tied onto your pole, and you’ve mastered the Square Knot, it’s time to begin weaving the wall-hanging. The project consists of 25 total rows.



1. Start with 1st cord: 14K
2. Start with 3rd cord: 13K
3. Start with 1st cord: 3K – S4 – 6K – S4 – 3K
4. Start with 3rd cord: 2K – S8 – 5K – S8 – 2K
5. Start with 1st cord: 2K – S2 – 1DN – S2 – 4K – S2 – 1DN – S2 – 2K
6. Start with 3rd cord: 2K – S8 – 2K – S4 – 2K – S8 – 2K
7. Start with 5th cord: 2K – S4 – 2K – S8 – 2K – S4 – 2K
8. Start with 7th cord: 4K – S12 – 4K
9. Start with 9th cord: 3K – S16 – 3K
10. Start with 11th cord: 2K – S20 – 2K
11. Start with 13th cord: 1K – S10 – 1K – S10 – 1K
12. Start with 11th cord: 2K – S20 – 2K
13. Start with 9th cord: 3K – S16 – 3K
14. Start with 7th cord: 4K – S12 – 4K
15. Start with 5th cord: 2K – S4 – 2K – S8 – 2K – S4 – 2K
16. Start with 3rd cord: 2K – S8 – 2K – S4 – 2K – S8 – 2K
17. Start with 1st cord: 2K – S12 – 4K – S12 – 2K
18. Start with 3rd cord: 2K – S8 – 5K – S8 – 2K
19. Start with 1st cord: 3K – S4 – 6K – S4 – 3K
20. Start with 3rd cord: 13K
21. Start with 1st cord: 14K
22. (Begin this row about 5 inches lower than the last row.) Start with 1st cord: 14K
23. Start with 3rd cord: 13K
24. (Begin this row about 5 inches lower than the last row.) Start with 9th cord: 1K – S8 – 1K – S8 – 1K – S8 – 1K
25. (Begin this row about 4 inches lower than the last row.) Start with 3rd cord: 1K – S8 – 1K – S8 – 1K – S8 – 1K

Step 4 – Trimming the Bottom

Place the wall-hanging on a flat surface and straighten all the cords. With careful measuring, place the tape across the strands of cord to form a “V.” This is your guide for cutting. (And yes, it does feel a bit like you’re giving *Cousin It* a haircut.)



step 5 – finishing touches

For an extra Bohemian touch, use ceramic [drawer pulls](#) as finials, screwing them into the ends of the pole.



extra tips & explanations

When skipping space between rows, use tape as a guide and a level to make sure they are even.

